



**DO TO THE COVID-19 CRISIS our Calendar has changed for 2020**

**Our Praise and Raise Gospel Concerned has been Postponed  
25<sup>th</sup> Annual Norma Lampert Memorial Lupus Springers 5K Race and Walk to End Lupus has  
changed to be: Virtual 25<sup>th</sup> Annual Norma Lampert Memorial Lupus Springers 5K Race and  
Walk to End Lupus for Walkers and Runners**

**Date: June 20, 2020 to June 27, 2020 (one week)**

**Participants can do this race anytime, anywhere during this time frame. Please submit  
photos or video -state runner or walker – male or female**

**No age groups: prizes are first and second place – male and female**

**Entry fee: \$30.00 per participant**

**Online Registration: [www.lupus-arkansas.com](http://www.lupus-arkansas.com)**

**T-shirts will be ordered May 27, 2020 – please add \$2.50 per person for t-shirts over X-large**

**T-shirts and prizes will not be mailed locally – must pick items up:**

**3907 Central \* Suite L Hot Springs, AR from 9 am to 1 pm. Monday thru Friday – 501-525-9380**

**Out-of-towners, please include \$5.00 for shipping, per participant**

#### **SPONSORS**

**Mountain Harbor Resort & Spa  
Albemarle Foundation  
Leroy & Jamesetta Smith**

**Mr. & Mrs. Larry Polk, Waldo, AR  
Brady Mountain Resort  
Mae Robinson**

**Richard Braley, M.D. – Eye Clinic**

#### **DONORS**

**Mountain Valley Water  
Crackle Barrel  
Pirates Cove Adventure Golf**

**Buckstaff Baths  
McClard's BBQ**

**Questions: 501-525-9380 or 800-294-8878**

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**[www.lupus-arkansas.com](http://www.lupus-arkansas.com)**